

LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
13 Chicken Tenders Mashed Potatoes Baby Carrots Dinner Roll Fruit Milk Ketchup Gravy	14 Beefy Nacho Pinto Beans Lettuce Tomato Fruit Milk Salsa	15 Chicken Spaghetti Garden Salad Ranch Steamed Carrots Dinner Roll Fruit Milk	16 Taco Salad Refried Beans Lettuce Tomato Cheese Fruit Milk Salsa	17 BBQ Sandwich Cole Slaw French Fries Pickle Spear Fruit Milk Ketchup
20 Popcorn Chicken Mashed Potatoes Steamed Carrots Dinner Roll Fruit Milk Ketchup Gravy	21 Chicken Quesadilla Great Northern Beans Steamed Broccoli Fruit Milk	22 Spaghetti w/meat sauce Garden Salad Ranch Green Beans Dinner Roll Fruit Milk	23 Pepperoni Pizza Spinach Salad Ranch Corn on Cob Fruit Milk	24 Chicken Sandwich Lettuce Tomato French Fries Pickle Spear Fruit Milk Mustard/Mayo/Ketchup
27 Country Fried Steak Mashed Potatoes Steamed Carrots Dinner Roll Fruit Milk Ketchup Gravy	28 Hot Dog Cole Slaw Baked Beans Fruit Milk Mustard Ketchup	29 Fish Sticks Turnip Greens Purple Hull Peas Cornbread Fruit Milk	30 Lasagna Broccoli Salad Green Beans Dinner Roll Fruit Milk	31 Sloppy Jo French Fries Baby Carrots Ranch Fruit Milk Ketchup



When Offer vs. Serve is offered, you must pick up at least

3 Components with 1 being 1/2 CUP Fruit or Vegetable

August 2018

This institution is an equal opportunity provider.

Welcome Back!

MON

TUE

WED

THU

FRI

MON	TUE	WED	THU	FRI
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Super Donut <u>OR Cereal</u> Graham Crackers Fruit Juice Milk	Breakfast Burrito <u>OR Cereal</u> Graham Crackers Fruit Juice Milk	Chicken Sandwich <u>OR Cereal</u> Graham Crackers Fruit Juice Milk	Breakfast Buns <u>OR Cereal</u> Graham Crackers Fruit Juice Milk	Sausage Biscuit <u>OR Cereal</u> Graham Crackers Fruit Juice Milk
HIGH SCHOOL ALTERNATE LINE...MUST PICK UP FRUIT				
HAMBURGER OR FLATBREAD FRUIT SALAD BAR MILK	CRISITO'S OR FLATBREAD FRUIT SALAD BAR MILK	BAKED POTATO OR FLATBREAD FRUIT SALAD BAR MILK	CHICKEN SANWICH OR FLATBREAD FRUIT SALAD BAR MILK	PIZZA OR FLATBREAD FRUIT SALAD BAR MILK



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3 Components with 1 being 1/2 CUP Fruit or Vegetable